

Trinity Episcopal Church

Cranford, in the Diocese of New Jersey



“Christ and the Samaritan Woman” — Vincenzo Catena

The Third Sunday in Lent

Rite I Holy Eucharist

March 1, 2026 at 8 AM

The Reverend Andrew David Kruger, Rector & Presider

Casey Woodruff, Senior Warden & Preacher

Anthony Joel Rafaniello, Director of Music

Kathleen M. Murray, Junior Warden

Welcome

Andrew Kruger

The bell is rung and the People kneel.

Acclamation

BCP 323

Presider Bless the Lord who forgiveth all our sins.

People **God's mercy endureth for ever.**

The Decalogue

BCP 317

Presider God spake these words, and said:

I am the Lord thy God who brought thee out of the land of Egypt, out of the house of bondage. Thou shalt have none other gods but me.

Lord have mercy upon us, and incline our hearts to keep this law.

Thou shalt not make to thyself any graven image, nor the likeness of any thing that is in heaven above, or in the earth beneath, or in the water under the earth; thou shalt not bow down to them, nor worship them.

Lord have mercy upon us, and incline our hearts to keep this law.

Thou shalt not take the Name of the Lord thy God in vain.

Lord have mercy upon us, and incline our hearts to keep this law.

Remember that thou keep holy the Sabbath day.

Lord have mercy upon us, and incline our hearts to keep this law.

Honor thy father and thy mother.

Lord have mercy upon us, and incline our hearts to keep this law.

Thou shalt do no murder.

Lord have mercy upon us, and incline our hearts to keep this law.

Thou shalt not commit adultery.

Lord have mercy upon us, and incline our hearts to keep this law.

Thou shalt not steal.

Lord have mercy upon us, and incline our hearts to keep this law.

Thou shalt not bear false witness against thy neighbor.

Lord have mercy upon us, and incline our hearts to keep this law.

Thou shalt not covet.

**Lord have mercy upon us,
and write all these thy laws in our hearts, we beseech thee.**

Confession of Sin

BCP 320

Let us humbly confess our sins unto Almighty God.

**Almighty and most merciful father,
we have erred and strayed from thy ways like lost sheep,
we have followed too much the devices and desires of our
own hearts,
we have offended against thy holy laws,
we have left undone those things which we ought to
have done,
and we have done those things which we ought not to
have done.
But thou, O Lord, have mercy upon us,
spare thou those who confess their faults,
restore thou those who are penitent,
according to thy promises declared unto all people
in Christ Jesus our Lord;
and grant, O most merciful Father, for his sake,
that we may hereafter live a godly, righteous, and sober life,
to the glory of thy holy Name. Amen.**

Absolution

BCP 320

Silence is kept then the Presider and People say

The Almighty and merciful Lord grant you absolution and remission
of all your sins, true repentance, amendment of life,
and the grace and consolation of his Holy Spirit. **Amen.**

Collect of the Day

BCP 167

Presider The Lord be with you.

People **And with thy spirit.**

Presider Let us pray.

Almighty God, who seest that we have no power of ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. **Amen.**

The People sit.

First Reading

Exodus 17:1-7

Reader A reading from the Book of Exodus.

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, "Is the Lord among us or not?"

Reader The Word of the Lord.

People **Thanks be to God.**

1. Come, let us sing to the Lord; *
let us shout for joy to the Rock of our salvation.
2. Let us come before his presence with thanksgiving *
and raise a loud shout to him with psalms.
3. For the Lord is a great God, *
and a great King above all gods.
4. In his hand are the caverns of the earth, *
and the heights of the hills are his also.
5. The sea is his, for he made it, *
and his hands have molded the dry land.
6. Come, let us bow down, and bend the knee, *
and kneel before the Lord our Maker.
7. For he is our God, and we are the people of his pasture
and the sheep of his hand. *
Oh, that today you would hearken to his voice!
8. Harden not your hearts, as your forebears did in the wilderness, *
at Meribah, and on that day at Massah, when they tempted me.
9. They put me to the test, *
though they had seen my works.
10. Forty years long I detested that generation and said, *
**“This people are wayward in their hearts;
they do not know my ways.”**
11. So I swore in my wrath, *
“They shall not enter into my rest.”

Second Reading

Romans 5:1-11

Reader A reading from Paul’s letter to the Romans.

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God.

And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person — though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Reader The Word of the Lord.
People **Thanks be to God.**

The People stand.

Gospel

John 4:5-42

Presider The Holy Gospel of our Lord Jesus Christ according to St John.
People **Glory be to thee, O Lord.**

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life."

The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water." Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you." Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him. Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor." Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

Presider The Gospel of the Lord.

People **Praise be to thee, O Christ.**

The People stand.

**We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father, God from God,
Light from Light, true God from true God,
begotten, not made, of one Being with the Father.
Through him all things were made.**

**For us and for our salvation he came down from heaven:
by the power of the Holy Spirit he became incarnate
from the Virgin Mary, and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures;
he ascended into heaven**

and is seated at the right hand of the Father.

**He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.**

**With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.**

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

**We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Let us pray for the whole state of Christ's Church and the world.

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all humanity: Receive these our prayers which we offer unto thy divine Majesty, beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord; and grant that all those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

Give grace, O heavenly Father, to all bishops and other ministers especially Sarah, the Archbishop of Canterbury, Sean, the Presiding Bishop of the Episcopal Church, Sally our Bishop, and Andrew our Rector, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments.

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life.

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land especially Donald, our President, Rebecca Michelle (Mikie), our governor, and Kathleen, the mayor of this town, that they may be led to wise decisions and right actions for the welfare and peace of the world.

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty. And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear [*especially...*], beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of all thy saints, that with them we may be partakers of thy heavenly kingdom. Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. **Amen.**

Peace

BCP 332

The People stand.

Presider The peace of the Lord be always with you.

People **And with thy spirit.**

Offertory Sentence

BCP 344

If thou bring thy gift to the altar, and there rememberest that thy brother hath aught against thee, leave there thy gift before the altar, and go thy way; first be reconciled to thy brother, and then come and offer thy gift. *Matthew 5:23,24*



*The Ushers pass the collection plates among the People.
Alternatively, you may give to Trinity online:
scan the QR code and go directly to our Breeze link.*

The Presentation of Gifts

1 Chronicles 29:14b

Presider All things come of thee, O Lord:

People **And of thine own have we given thee.**

Eucharistic Prayer I

BCP 333

Presider The Lord be with you.

People **And with thy spirit.**

Presider Lift up your hearts.

People **We lift them up unto the Lord.**

Presider Let us give thanks unto our Lord God.

People **It is meet and right so to do.**

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God. Through Jesus Christ our Lord; who was in every way tempted as we are, yet did not sin; by whose grace we are able to triumph over every evil, and to live no longer unto ourselves, but unto him who died for us and rose again.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

**Holy, holy, holy, Lord God of Hosts:
Heaven and earth are full of thy glory.
Glory be to thee, O Lord Most High.
Blessed is he that cometh in the name of the Lord.
Hosanna in the highest.**

All glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread;
and when he had given thanks, he brake it,
and gave it to his disciples, saying,
“Take, eat, this is my Body, which is given for you.
Do this in remembrance of me.”

Likewise, after supper, he took the cup;
and when he had given thanks, he gave it to them, saying,
“Drink ye all of this; for this is my Blood of the New Testament,
which is shed for you, and for many, for the remission of sins.
Do this, as oft as ye shall drink it, in remembrance of me.”

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we, and all thy whole Church, may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, be filled with thy grace and heavenly benediction, and made one body with him, that he may dwell in us, and we in him.

And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offenses, through Jesus Christ our Lord; By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

Lord's Prayer

BCP 336

And now, as our Savior Christ hath taught us, we are bold to say,

**Our Father, who art in heaven, hallowed be thy Name,
thy kingdom come, thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses, as we forgive those
who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
for ever and ever. Amen.**

Breaking the Bread

BCP 337

The Presider breaks the consecrated bread. A period of silence is observed, then the Presider says

Presider Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast.**

Prayer of Humble Access

BCP 337

**We do not presume to come to this thy Table,
O merciful Lord, trusting in our own righteousness,
but in thy manifold and great mercies.**

**We are not worthy so much as to gather up the crumbs
under thy Table.**

**But thou art the same Lord whose property
is always to have mercy.**

**Grant us therefore, gracious Lord,
so to eat the flesh of thy dear Son Jesus Christ,
and to drink his blood, that we may evermore dwell in him,
and he in us. Amen.**

Invitation

BCP 338

Presider The Gifts of God:

People **For the People of God.**

Holy Communion

The ushers guide the people to receive Holy Communion. All who hunger for God, including children, are cordially invited to share the Gifts of God offered at this table. Whoever you are, wherever you are in your life's journey, you are welcome here.

All persons may, but no person must, receive communion in both kinds to receive the full spiritual benefits of communion. Wine is offered by way of a sip from the common cup. You may choose to receive only the host.

Gluten-free wafers are available by simple request to the priest.

Post Communion Prayer

BCP 339

Presider Let us pray.

The People stand, and all pray together

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

Blessing

BCP 339

And now may the peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you, and remain with you always. **Amen.**

The Ministers recess.

Dismissal

BCP 340

Presider Go in peace to love and serve the Lord.
People **Thanks be to God.**



Copyright Acknowledgments

- *The Book of Common Prayer* - (1979) of the Episcopal Church of the USA. The US Book of Common Prayer is in the public domain.
- *Scripture quotations* are from the New Revised Standard Version Bible, copyright © 1989 National Council of the Churches of Christ in the United States of America. Used by permission. All rights reserved worldwide.

For Friends, Visitors and Newcomers

Welcome to Trinity Episcopal Church in Cranford, New Jersey. Thank you for joining us in worship. The bulletin is designed to make you feel at home; and includes everything you need for the service (liturgy, hymns, rubrics, etc.). Please connect with us; introduce yourself to the ushers so they can make you feel more comfortable. Father Andy is in the narthex (entrance) at the end of the service; it is an opportunity to connect on a more personal level. All are invited to Fellowship Hour in Sherlock Hall, immediately after the service. Every Thursday by 2 PM, an email blast is sent with hyperlinks to sign-up sheets, methods to contribute to the parish or other charitable organizations, ways to contact individuals or receive information on events, etc. Please contact the parish office to receive it or alternative methods of communication.

What you need to know today...

Fellowship Hour Today, in Sherlock Hall, immediately after this service; coffee, tea and snacks are provided.

Children's Choir There is rehearsal today at 11:30 AM in the church.

Trinity Senior Youth Mission Trip Today, at 11:30 AM in Witherington Hall. Information on the mission trip for high schoolers which is from Saturday, June 20 through Friday, June 26 and includes whitewater rafting and serving impoverished communities in West Virginia. See this week's email blast for more info.

Seamen's Church Institute Outreach thanks the congregation for their donations to the "Christmas at Sea" project.

Altar Flowers and Sanctuary Candle There are no altar flowers during Lent; however, the sanctuary candle is available for personal attribution, to remember loved ones, to honor others, to celebrate lives. The deadline is 4 PM Wednesday each week; multiple attributions are allowed.

Easter Flowers As part of the preparation for celebrating Pascha/Easter, please contribute towards the flowers this year. Envelopes marked for this purpose are in the narthex of the church. Alternatively, give to Trinity online and record 'Easter Flowers' in the memo line. All remembrances must be logged online via the QR code (below) or via the link in the email blast before March 22. Loved one's names will be remembered in the Pascha/Easter Bulletins, and at Morning Prayer during Paschal/Easter week each person shall be prayed for by name.



What you need to know this week...

Parish Office Hours Office Manager Marion Nechuta is available Tuesday through Thursday from 12:30 to 3:30 PM. Please call before arriving; at other times she may still be contacted via parish email.

Morning Prayer and Evening Prayer Monday to Friday at 8:30 AM and 5 PM, respectively, online.

Trinity Women's Group Monday, March 9 from 7 to 8 PM online.

Handbell Choir There is rehearsal this Wednesday, March 11 from 7 to 7:50 PM in the church.

Adult Choir Rehearsal is this Wednesday, March 11 from 8 to 9 PM in Witherington Hall.

Compline There is no Compline for the next five weeks due to the Lenten Course (see details below).

Evensong This Thursday at 7:30 PM as part of the Lenten Course (see details below).

Trinity Episcopal Senior Youth (TESY) Saturday, March 14 from 10 AM to 12 Noon. TESY is hosting a cleanup of the Sherlock Hall loft; pizza and refreshments will be provided. Volunteers of all ages are welcome. To sign up, email Katie Annarelli (kathleen.m.annarelli@outlook.com).

Trinity Knitting Circle Saturday, March 14, from 11 to 12 noon in Witherington Hall.

What you need to know in the future...

Sandwich Sunday Next Sunday, March 15; contact Marion Nechuta (marionnechuta@yahoo.com or 908-451-4498) for more information. There are several ways to participate in this ministry (links to sign up are in the email blast):

- Sign up to supply items needed for the bags and the sandwiches
- Saturday, March 14 from 10 AM to 11 AM – assemble food bags in Sherlock Hall
- Sunday, March 15– assemble sandwiches between services and after 10 am service
- Sunday, March 15 after Fellowship Hour – transport the sandwiches and food packets to St John's and help serve food

"Wells & Water Systems" Outreach is collecting for the Episcopal Relief and Development (ERD) project, beginning March 15 and ending April 12. The goal is to raise \$750 for a share of a well. More information on this program is in the email blast. Please donate online or make out checks to Trinity Church with "Wells" in memo line.

Fellowship Luncheon Thursday, March 19 from 12:30 to 2 PM in Witherington Hall. The St. Patrick's luncheon has corned beef, cabbage, potatoes & soda bread. Speaker TBD. Call Susan Olszewski (908-757-9561) or Susan Nelson (908-397-3944) for more info.

Stations of the Reparations Saturday, March 21 at 11 AM, hosted by St Elizabeth's Episcopal Church, in Elizabeth. A moving liturgy with diocesan congregational reflections on our racial history.

Cranford's 15th Annual Community Holocaust Day of Remembrance Wednesday, March 25 at 7 PM at Hillside Avenue School.

Anti-Racism Commission The Diocese of New Jersey offers training several times each year. The next session is this spring, from April 21 through June 16, on Tuesday mornings from 9 AM to 11 AM. If interested, see this week's email blast.

2026 Lenten Course: The Eight Passions of the Soul

This Lent and Holy Week, the congregation will explore the 8 passions of the soul as they were taught by St John Cassian, who died around 435 AD. He was a disciple of St. John Chrysostom and in his writing and teaching he shared much of the spiritual wisdom of the Christian East with his Western brothers and sisters. The focus is on his treatise to Bishop Kastor, titled 'On the Eight Vices' taken from *The Institutes, Books V-XII*. Cassian's writing teaches us how to develop our self-knowledge and awareness, so that we can relate to the world without selfish illusions.

The course begins on Thursday, February 26 at 7:30 PM and continues every Thursday in Lent and includes services on the Monday, Tuesday, and Wednesday of Holy Week; 8 sessions in all. Each session (listed below) will begin in the church with evensong and conclude in Witherington Hall with a simple soup supper and an opportunity for further discussion. An excellent book to read in conjunction with taking the course is Rowan William's "Passions of the Soul."



NB: Please sign up to volunteer to read at evensong; assist with setup and takedown; offer to make soup; and indicate the intention to attend so that it can be catered appropriately. The link is on the weekly email blast or you may use the QR code (left). Here are the session dates and themes:

- Thursday, February 26: Gluttony
- Thursday, March 5: Unchastity
- Thursday, March 12: Avarice
- Thursday, March 19: Anger
- Thursday, March 26: Dejection
- Monday, March 30: Listlessness
- Tuesday, March 31: Self-esteem
- Wednesday, April 1: Pride

Cranford's Annual Community Holocaust Day of Remembrance Service

Cranford's 15th Annual Community Holocaust Day of Remembrance will be held on Wednesday, March 25 at 7 PM at Hillside Avenue School. It is organized by the Cranford Clergy Council, the Cranford Interfaith Human Relations Committee, Cranford Public Schools, and St. Michael School. This annual event aims to honor the memory of the six million Jewish victims of the Holocaust while educating about the horrors of genocide. This year's theme is "Enduring Lives: What We Protect, We Must Remember." We honor the individuals who risked their lives to hide and rescue children and adults of the Holocaust and to preserve the truth for future generations. It challenges us to reflect on our responsibility to engage with their accounts and ensure their stories are never forgotten. This event is free and open to the public. It will also be recorded and aired on Cranford's TV35. Our keynote speaker will be Holocaust survivor Dr. Susan Lederman, who will share her story of how she and her family survived the Holocaust in Slovakia through a combination of chance and the extraordinary courage of the people who risked their lives to save them. Fr. Andrew Kruger of Cranford's Trinity Episcopal Church and chair of the Cranford Clergy Council will introduce the performances and speakers, which include Cranford Township Mayor Kathleen Miller Prunty and Cranford Public Schools Superintendent Mark Cantagallo. Performers include the Dance Ensemble and the Madrigals from Cranford High School, as well as the orchestra from Hillside Avenue School, the chorus from Orange Avenue School, and original reflective poetry from St. Michael School students.

Lectionary & Liturgy

This is the Sunday of the Samaritan Woman, one of the classic biblical passages for those preparing for baptism at Easter. As the woman was gradually enlightened about Jesus and about her relationship to God, so the candidates are growing in their relationship with God during Lent. They look forward to receiving in baptism the "living water" of God's Spirit in their lives. Those already baptized are filled with that living water and continue to be enlightened by God's Spirit. In the first reading, we move forward in the history of salvation from the call of Abraham and Sarah to the account of Moses and Israel in the Exodus from Egypt. On the occasion we read about today, God provides water for the people in the desert. This is an image of God's loving care for all people in the spiritual dryness of this world. The second reading is about the new life we have in God through Christ. Jesus gave up his life for us, in order that we might be put right with God. In his death and resurrection, the estrangement between God and humanity is being repaired. We, in baptism, are reconciled with God. As people in the desert thirst for water, so Christians find in their Lenten living the thirst for life that only God can quench. All of us, both the baptized and those preparing for baptism, are, like the Samaritan woman, being enlightened and filled with the grace of the living water that comes from our Savior.

THE EPISCOPAL DIOCESE OF NEW JERSEY
REPARATIONS COMMISSION INVITES YOU
TO A FAMILY EVENT DURING LENT

Stations



OF REPARATIONS



The Episcopal
DIOCESE OF
NEW JERSEY
Established in 1785

A MOVING LITURGY WITH
CONGREGATIONAL REFLECTIONS
ON OUR RACIAL HISTORY

SATURDAY, MARCH 21, 2026, AT 11:00 AM

HOSTED BY

**ST. ELIZABETH'S EPISCOPAL CHURCH
305 N. BROAD STREET, ELIZABETH, NJ 07207**

Holy Week & Pascha/Easter at a Glance

Palm/Passion Sunday March 29; Rite I Holy Eucharist at 8 AM and Rite II Holy Eucharist at 10 AM.

Passions of the Soul Evensong Monday, Tuesday, and Wednesday of Holy Week (March, 30, 31, & April 1) at 7:30 PM in the Church; services with a simple soup dinner.

Maundy Thursday April 2, the liturgy, including the washing of the feet is at 7:30 PM in the Church. This year we welcome the Calvary Lutheran congregation who will join us for the service, and their pastor, the Reverend Kathryn S. Irwin will preach.

Maundy Thursday Vigil Immediately after the Maundy Thursday service; it's an opportunity to keep vigil in the church, just as Jesus did in the Garden of Gethsemane. Please sign up (via the email blast) for one of the hours of watching and praying.

Stations of the Cross Friday, April 3 at 8:30 AM in the Church.

Clergy Council Good Friday Service April 3 at 12 noon, hosted this year by Calvary Lutheran Church.

Good Friday April 3 at 3 PM, the liturgy, including the veneration of the cross, in the Church.

Paschal Vigil Holy Saturday, April 4 at 7:30 PM. This year we are invited to join Calvary Lutheran (108 Eastman St, Cranford) at 7:30 PM. Come and support Fr Andy who will be preaching at this service.

Easter Sunday April 5, Rite I Holy Eucharist at 8 AM and Rite II Holy Eucharist at 10 AM.



Website: TrinityCranford.org

Instagram: [@trinity_cranford_1872](https://www.instagram.com/trinity_cranford_1872)

Facebook: Trinity Episcopal Church, Cranford

Connect to Online Services and Meetings: us04web.zoom.us/j/595488321

Meeting ID: 595 488 3214

Password: 1872

205 North Avenue, E, Cranford NJ 07016

Parish Phone: (908) 276-4047

Email: TrinityCranford@gmail.com

The Rev. Andrew David Kruger, Rector

Personal Cell: (609) 933-5227

Email: fr.andrew.kruger@gmail.com