

Trinity Episcopal Church

Cranford, in the Diocese of New Jersey



Alexander Smirnov (b. 1947). "The Cleansing of the Temple"

The Third Sunday in Lent

Rite I Holy Eucharist

March 7, 2021 at 8 AM

The Reverend Andrew D. Kruger, Presider

Anthony Rafaniello, Director of Music and Organist

John Beier, Senior Warden & Sydney O'Hagan, Junior Warden

Welcome

Andy Kruger

The Presider processes, the bell is rung, and the people stand.

Acclamation

BCP 319

Presider Bless the Lord who forgiveth all our sins.

People **God's mercy endureth for ever.**

The Great Commandment

BCP 319

Hear what our Lord Jesus saith: Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets.

Matthew 22:37-40

Penitence

BCP 320

Presider Let us humbly confess our sins unto Almighty God.

The presider and people kneel.

**Almighty and most merciful father,
we have erred and strayed from thy ways like lost sheep,
we have followed too much the devices and desires of our own hearts,
we have offended against thy holy laws,
we have left undone those things which we ought to have done,
and we have done those things which we ought not to have done.
But thou, O Lord, have mercy upon us,
spare thou those who confess their faults,
restore thou those who are penitent,
according to thy promises declared unto mankind
in Christ Jesus our Lord;
and grant, O most merciful Father, for his sake,
that we may hereafter live a godly, righteous, and sober life,
to the glory of thy holy Name. Amen.**

Absolution

BCP 321

The Presider alone, stands and says

The Almighty and merciful Lord grant you absolution and remission of all your sins, true repentance, amendment of life, and the grace and consolation of his Holy Spirit.

Amen.

Trisagion

BCP 324

Presider Holy God, Holy and Mighty, Holy Immortal One,

People **Have mercy upon us.**

Collect of the Day

BCP 324

Presider The Lord be with you.

People **And with thy spirit.**

Presider Let us pray.

Almighty God, who seest that we have no power of ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever.

Amen.

The People are seated.

First Reading

Exodus 20:1-17

Reader A reading from the Book of Exodus.

God spoke all these words to Moses on Mount Sinai: "I am the Lord your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me.

You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. You shall not bow down to them or worship them; for I the Lord your God am a jealous God, punishing children for the iniquity of parents, to the third and the fourth generation of those who reject me, but showing steadfast love to the thousandth generation of those who love me and keep my commandments. You shall not make wrongful use of the name of the Lord your God, for the Lord will not acquit anyone who misuses his name. Remember the sabbath day, and keep it holy. Six days you shall labor and do all your work. But the seventh day is a sabbath to the Lord your God; you shall not do any work — you, your son or your daughter, your male or female slave, your livestock, or the alien resident in your towns. For in six days the Lord made heaven and earth, the sea, and all that is in them, but rested the seventh day; therefore the Lord blessed the sabbath day and consecrated it. Honor your father and your mother, so that your days may be long in the land that the Lord your God is giving you. You shall not murder. You shall not commit adultery. You shall not steal. You shall not bear false witness against your neighbor. You shall not covet your neighbor's house; you shall not covet your neighbor's wife, or male or female slave, or ox, or donkey, or anything that belongs to your neighbor.”

Reader The Word of the Lord.

People **Thanks be to God.**

Psalm 19

Caeli enarrant

BCP 606

1. The heavens declare the glory of God, *
 and the firmament shows his handiwork.
2. One day tells its tale to another, *
 and one night imparts knowledge to another.
3. Although they have no words or language, *
 and their voices are not heard,
4. Their sound has gone out into all lands, *
 and their message to the ends of the world.

5. In the deep has he set a pavilion for the sun; *
it comes forth like a bridegroom out of his chamber;
it rejoices like a champion to run its course.
6. It goes forth from the uttermost edge of the heavens
and runs about to the end of it again; *
nothing is hidden from its burning heat.
7. The law of the Lord is perfect
and revives the soul; *
the testimony of the Lord is sure
and gives wisdom to the innocent.
8. The statutes of the Lord are just
and rejoice the heart; *
the commandment of the Lord is clear
and gives light to the eyes.
9. The fear of the Lord is clean
and endures for ever; *
the judgments of the Lord are true
and righteous altogether.
10. More to be desired are they than gold,
more than much fine gold, *
sweeter far than honey,
than honey in the comb.
11. By them also is your servant enlightened, *
and in keeping them there is great reward.
12. Who can tell how often he offends? *
cleanse me from my secret faults.
13. Above all, keep your servant from presumptuous sins;
let them not get dominion over me; *
then shall I be whole and sound,
and innocent of a great offense.

14. Let the words of my mouth and the meditation of my heart be acceptable in your sight, *

O Lord, my strength and my redeemer.

Second Reading

1 Corinthians 1:18-25

Reader A reading from the first letter of St Paul to the Church in Corinth.

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written, "I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart." Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

Reader The Word of the Lord.

People **Thanks be to God.**

The People stand.

Gospel

John 2:13-22

Presider The Holy Gospel of our Lord Jesus Christ according to St John.

People **Glory be to thee, O Lord.**

The Passover of the Jews was near, and Jesus went up to Jerusalem. In the temple he found people selling cattle, sheep, and doves, and the money changers seated at their tables. Making a whip of cords, he drove all of them out of the temple, both the sheep and the cattle. He also poured out the coins of the money changers and overturned their tables. He told those who were selling the doves, "Take these things out of here! Stop making my Father's house a marketplace!" His disciples remembered that it was written, "Zeal for your house will consume me."

The Jews then said to him, “What sign can you show us for doing this?” Jesus answered them, “Destroy this temple, and in three days I will raise it up.” The Jews then said, “This temple has been under construction for forty-six years, and will you raise it up in three days?” But he was speaking of the temple of his body. After he was raised from the dead, his disciples remembered that he had said this; and they believed the scripture and the word that Jesus had spoken.

Presider The Gospel of the Lord.

People **Praise be to thee, O Christ.**

Homily

Casey Woodruff

After the prayer the people are seated.

Nicene Creed

BCP 326

The People stand.

**We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father, God from God,
Light from Light, true God from true God,
begotten, not made, of one Being with the Father.
Through him all things were made.**

**For us and for our salvation he came down from heaven:
by the power of the Holy Spirit he became incarnate
from the Virgin Mary, and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures;
he ascended into heaven**

and is seated at the right hand of the Father.

**He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.**

Prayers of the People

BCP 328

Let us pray for the whole state of Christ's Church and the world.

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all humanity: Receive these our prayers which we offer unto thy divine Majesty, beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord; and grant that all those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

Give grace, O heavenly Father, to all bishops and other ministers especially Justin the Archbishop of Canterbury, Michael the Presiding Bishop of the Episcopal Church, William our Bishop, and Andy our Priest, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments. And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life.

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land especially Joseph our President, Philip our governor and Kathleen the mayor of this town, that they may be led to wise decisions and right actions for the welfare and peace of the world.

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty. And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear [*especially...*], beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of all thy saints, that with them we may be partakers of thy heavenly kingdom. Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. **Amen.**

Peace

BCP 332

The People stand.

Presider The peace of the Lord be always with you.

People **And with thy spirit.**

The people make a reverent bow to one another as an expression of peace. No physical contact is permitted.

Announcements

Andrew Kruger

Offertory Sentence

BCP 344

If thou bring thy gift to the altar, and there rememberest that thy brother hath aught against thee, leave there thy gift before the altar, and go thy way; first be reconciled to thy brother, and then come and offer thy gift.

Matthew 5:23,24

The Presider prepares the Holy Table, then the People stand

Eucharistic Prayer I

BCP 333

Presider The Lord be with you.

People **And with thy spirit.**

Presider Lift up your hearts.

People **We lift them up unto the Lord.**

Presider Let us give thanks unto our Lord God.

People **It is meet and right so to do.**

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God. Through Jesus Christ our Lord; who was in every way tempted as we are, yet did not sin; by whose grace we are able to triumph over every evil, and to live no longer unto ourselves, but unto him who died for us and rose again. Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

**Holy, holy, holy, Lord God of Hosts:
Heaven and earth are full of thy glory.
Glory be to thee, O Lord Most High.
Blessed is he that cometh in the name of the Lord.
Hosanna in the highest.**

All glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread;
and when he had given thanks, he brake it,
and gave it to his disciples, saying,
“Take, eat, this is my Body, which is given for you.
Do this in remembrance of me.”

Likewise, after supper, he took the cup; and when he had given thanks,
he gave it to them, saying,
“Drink ye all of this; for this is my Blood of the New Testament,
which is shed for you, and for many, for the remission of sins.
Do this, as oft as ye shall drink it, in remembrance of me.”

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we, and all thy whole Church, may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, be filled with thy grace and heavenly benediction, and made one body with him, that he may dwell in us, and we in him.

And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offenses, through Jesus Christ our Lord;

By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

Lord's Prayer

BCP 336

And now, as our Savior Christ hath taught us, we are bold to say,

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever.
Amen.**

Breaking the Bread

BCP 337

The Presider breaks the consecrated bread. A period of silence is observed, then the Presider says

**O Lamb of God, that takest away the sins of the world,
have mercy upon us.
O Lamb of God, that takest away the sins of the world,
have mercy upon us.
O Lamb of God, that takest away the sins of the world,
grant us thy peace.**

Prayer of Humble Access

BCP 337

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

Presider The Gifts of God:
People **for the People of God.**

Protocol for the Reception of Communion Bread

- ✘ *The people, starting from the pews closest to the sanctuary, are invited by the usher to receive Communion.*
- ✘ *Each Communicant must first sanitize their hands before proceeding to the Presider with hands cupped, the non-dominant hand on top, to receive the Bread.*
- ✘ *The Presider gives the Bread to each person saying: ‘The Body of Christ.’ The recipient replies: ‘Amen.’*
- ✘ *After receiving the Bread, the communicant moves a short distance toward the right or left crossing door, removes their mask and consumes the Bread.*
- ✘ *After consuming the Bread the communicant may place their gift in the retiring offertory bowls stationed at each crossing door.*
- ✘ *The communicant then departs through the crossing door.*

What you need to know today ...

Baptismal Anniversaries When we think about birthdays, we immediately recall the date we were born and took our first breath in this world. But if we take a moment to reflect, we will realize that we have another “birthday” of even greater significance: the day we became members of the body of Christ – our Baptismal birthday. Through the waters of baptism, the Holy Spirit anoints us and sets our inner compass, to walk in a path that is pleasing to God, to do all good works that God has planned for us, and to “seek God’s face” [*Psalm 27:8*]. This is the path that ultimately leads us into abundant life both in this earthly existence, and in the world to come.

Whether baptized as a child or an adult, we prayerfully grow in our understanding and appreciation of our baptismal identity, as individuals and as a community. Usually, on the first Sunday of every month, we acknowledge those who have a baptismal “birthday” during the month in question and share with them in the renewal of baptismal vows. We hope this monthly recognition of our “birth from above” [*John 3:3*] will allow us to develop a deeper appreciation for the essence of our baptism.

Parishioners Celebrating Their Baptismal Anniversaries in March

† Madlen Michael: March 3

† Stephanie Michael: March 3

† Donna Miller: March 29

Trinity Forum Today after the 10 AM online service. The March forum will include a presentation from the 150th Liturgical Committee on the proposed new Baptismal font. Make sure to join in to hear about the theological rationale for the font and some preliminary drawings and glass samples.

Stamp Out Despair Collection The Ministry for the Imprisoned is collecting books of stamps, or a financial donation for the purchase of stamps, to be donated to First Friends, for distribution to individuals in immigration detention facilities. Any checks should include “Stamp Out Despair” on the memo line. Stamps or donations should be mailed to the parish office or dropped off. Most importantly, please write a short (2 to 4 sentences) personal “Dear Friend” note in a card. Please include the card with the other items you post or drop off and help lessen the loneliness and despair of a detainee and support this vital new ministry. The collection of donations, stamps, and letters will run for the duration of the month of March.

The Parish Office Marion Nechuta is in the office on Thursday afternoons to field phone calls only, no in-person contact is permitted at this time. Marion may be contacted via the parish email or her cell (908-451-4498) during the rest of the week from 2 PM to 5 PM.

Seamen’s Institute The Outreach Committee thanks all who donated items for the recent clothing drive. Your support is important and ensures our projects’ continued effectiveness.

Year of Eucharist Reflections This year, we seek to more fully develop our Eucharistic identity as individuals and as a community. The Liturgical Committee is inviting everyone to share their eucharistic experience. View Peter Waldron’s moving reflection on the Eucharist by clicking [here](#): the password is 1872. Take some time to prayerfully reflect on the deeply personal question of what Eucharist means to you. Then, go to the *Fellowship* tab on Trinity’s Website, click *Trinity Community Forum*, enter password 1872, click on *Year of Eucharist Reflections*, click on *Please share your...*, click on *Write a comment*. When finished, hit *Publish*.

“Remembrances and Recollections” The [Trinity website](#) contains a growing number of historical contributions from parishioners. There is a new entry from Bonnie Gentese, who spearheaded the annual “Breakfast with Santa” fund-raiser for many years, reflecting on the amount of work and great joy that resulted. Share your story; please contact any member of the Archival Committee: Vicki Goralski, Irene Telerico or Fran Witherington.

Intercessory Prayer List Each person on the list is prayed for at Morning Prayer and Evening Prayer. You are encouraged to add and update your prayer requests; [please click on this link](#). Please remember to move the person you are praying for to the “Thanksgiving for Healing” section if and when that becomes appropriate.

What you need to know this week ...

The Daily Offices Morning and Evening Prayer are held online Monday through Friday at 8:30 AM and 5 PM respectively.

Trinity Woman's Group meets on the second Monday of the month from 7 PM to 8 PM online. All women of the parish are invited to explore the scriptures together. On March 8, the discussion centers on the temptation of Christ.

Emergency Food Supplies for St. Joseph's Social Service Center Bring supplies to Junior Warden Sydney O'Hagan (774-218-3461) and leave them on her front porch at 205 High Street, Cranford every Wednesday. [Click here](#) for a list of appropriate items.

Trinity's Handbell Choir Rehearsals every Wednesday from 6:30 PM to 7:15 PM through March 24 to prepare several pieces for Easter. Contact Anthony Rafaniello (anthonyrafaniello@gmail.com) to participate or if you have any questions.

Trinity's Virtual Choir Rehearsal is online every Wednesday night from 8 PM to 8:45 PM. The Winter session runs through March 24 and the choir will prepare and present several anthems for Lent and Easter. Anyone who enjoys singing should consider participating, even without the ability to read music. [Click here for more information and to sign-up](#) or visit trinitycranford.org and click on 'Music.'

Women's Bible Study Thursdays from 10 AM to 11:30 AM via Trinity's online platform. Patrick, the patron saint of Ireland, was neither Irish nor a saint. Born around 385 AD in Roman Britain, he was kidnapped by pirates at the age of 16 and brought to Ireland as a slave; also, he's never been officially canonized by the Catholic Church. But he is credited with bringing Christianity to Ireland and probably responsible in part for the Christianization of the Picts and Anglo-Saxons. Find out more as leader Nancy Miller continues a study of "Saint Patrick" this week.

"Embracing Lent: Inspiration from the Twelve Steps" This year's Lenten course will be facilitated by Vestry member Dr. Patrick Milas who teaches research and some spirituality courses at New Brunswick Theological Seminary. He asserts, "The 12 Steps have done wonders for the lives and families of mutual support groups such as AA and Al-Anon. But you don't have to struggle with addiction or dependency to benefit from the Gospel-laden 12 Steps. This Lent, explore with your parish family how to repent, reconcile and renew, step-by-step." The course is on Thursdays, between 7 and 8 PM, and continues with the third session on Thursday, March 11 via Trinity's online platform.

Compline Consider ending your day with the peaceful prayer office of Compline, Thursday nights at 8 PM via Trinity's online platform.

Mutual Ministry Review The Rector and Vestry meet this Saturday, March 13 from 9:30 AM until 12 noon online for a Mutual Ministry Review facilitated by Julia Bardzilowski. The process nurtures environments where responsibilities are discussed and reviewed to improve effective ministry. Within its pastoral context, the emphasis is on celebrating the successes and resolving the challenges. Prayer and support for everyone involved is integral to the process.

What you need to know for the future ...

Outreach Committee Meeting is next Sunday, March 14 at 11:30 AM; members of the congregation are encouraged to attend.

Sandwich Sunday in two weeks on Sunday, March 21. [Click here](#) for the items needed to assemble the sandwiches, then deliver them to Marion Nechuta, 310 W. Clay Avenue, Roselle Park, by Saturday, March 20. Volunteers are needed to make the sandwiches on that day between 10 AM and 12 noon; please contact Marion Nechuta (908-451-4498).

Saint John's Episcopal Church in Elizabeth is our sister parish. Their Pantry is getting bare. Please help in stocking it; [click here](#) for the items needed and deliver them to Marion Nechuta at the address above by Saturday, March 20.

Baptisms During the Easter Season The sacrament of baptism will be offered at the Great Easter Vigil and on Sundays during the season of Easter at the 8 AM in-person and physically-distanced service. Today we welcome and enroll our catechumens who will, God willing, be baptized during the season. Please pray for the candidates, their parents, and sponsors as they prepare for the sacrament of baptism. Below are the names of the catechumens in order of their date for baptism.

- † Second Sunday of Easter, April 11 (Henry DeVelde)
- † Fourth Sunday of Easter, April 25 (Aurora Tsiolas)
- † Fifth Sunday of Easter, May 2 (Lilianna Ilich)
- † Last Sunday of Easter, May 16 (Wesley Ditzel IV)
- † Day of Pentecost, May 23 (Matias Juarez)

Mystagogia The Easter/Paschal season is understood as a time during which the great mysteries of the faith are given time to “sink-in” and mature. Mystagogia is this seeping in period, in which all believers are encouraged to contemplate more deeply the Church's life and sacraments. As part of the *Year of Eucharist*, this Easter season the 150th Liturgical Committee together with Fr. Andy will be offering several adult education classes delving into the mysteries of the Eucharist. The class will be online and take the form of an instructed Eucharist (pre-recorded parts of the Eucharist accompanied by commentary) followed by discussion time. The classes will begin on Thursday, April 8 and continue every Thursday during the Paschal season; the one exception being Ascension Day on Thursday, May 13. Each class will start at 7 PM and conclude by 8 PM.

Third Annual Trinity Men's Retreat Saturday, March 20 from 9:30 AM to 12 noon at the Trailside Nature Center, Watchung Reservation, 452 New Providence Road, Mountainside (meet at the fire ring just past the main entrance). We will marvel at the splendor of God's creation, socialize in the beautiful setting, celebrate a creation-themed prayer service, and commune with nature during a one-hour hike. The hike is quite flat, but if you do not feel that the hike is right for you, please consider joining us for the fellowship and prayer service. Dress for the weather; we will hold the retreat absent severe conditions. You may wish to bring water and a snack. Questions or R.S.V.P. to Casey Woodruff (908-868-4915, cwoodruff@jonbramnick.com)