

# Morning Prayer



Season of Lent, 2021

## Preparatory Silence

*A minute of silence is kept, during which the following prayer may be used privately in the silence of your heart. It is the prayer appointed for 'Before Worship,' #64 on page 833 of the BCP*

O Almighty God,  
you pour out your spirit of grace  
and of supplication upon all who ask:  
Deliver us, when we draw near to you,  
from coldness of heart and wanderings of mind,  
that with steadfast thoughts and kindled affections  
we may worship you in spirit and in truth;  
through Jesus Christ our Lord. Amen.

## Gathering Sentence and Prayer

The Lord be with you:

**And also with you.**

Blessèd are you, God of compassion and mercy,  
to you be praise and glory for ever!

In the darkness of our sin,  
your light breaks forth like the dawn  
and your healing springs up for deliverance.

As we rejoice in the gift of your saving help,  
sustain us with your bountiful Spirit  
and open our lips to sing your praise,

Father, Son and Holy Spirit:

**Blessèd be God for ever!**

# **Canticle - A Song of Humility**

*Venite et revertamur*

**Come, let us return to the Lord\*  
who has torn us and will heal us.**

**God has stricken us\*  
and will bind up our wounds.**

**After two days, he will revive us,\*  
and on the third day will raise us up,  
that we may live in his presence.**

**Let us humble ourselves;\*  
let us strive to know our God,**

**Whose justice dawns like the morning star;\*  
its dawning is as sure as the sunrise.**

**Gods justice will come to us like the showers,\*  
like the spring rains that water the earth.**

**O Ephraim, how shall I deal with you?\***  
**How shall I deal with you, O Jacob?**

**Your love for me is like the morning mist,\*  
like the dew that goes early away.**

**Therefore, I have hewn them by the prophets,\*  
and my judgement goes forth as the light.**

**For loyalty is my desire and not sacrifice,\*  
and the knowledge of God rather than burnt-offerings.**

*Hosea 6. 1-6*

## Prayer

The night has passed and the day lies open before us;  
let us pray with one heart and mind:

**As we rejoice in the gift of this new day,  
so may the light of your presence, O God,  
set our hearts on fire with love for you;  
now and for ever. Amen.**

## Psalmody

*[The appointed Psalm/s are read 'in the round'. The doxology is said after the Psalm]*

**Glory to the Father, and to the Son, and to the Holy Spirit,  
as it was in the beginning, is now, and will be for ever.  
Amen.**

## First Reading

A reading from...

*[After the reading is said]*

Hear what the Spirit is saying to the Churches :

**Thanks be to God.**

## Canticle - Prayer of Manasseh

**O Lord and Ruler of the hosts of heaven, \***  
**God of Abraham, Isaac, and Jacob,**  
**and of all their righteous offspring:**

You made the heavens and the earth, \*  
with all their vast array.

**All things quake with fear at your presence; \*  
they tremble because of your power.**

But your merciful promise is beyond all measure; \*  
it surpasses all that our minds can fathom.

**O Lord, you are full of compassion, \*  
long-suffering, and abounding in mercy.**

You hold back your hand; \*  
you do not punish as we deserve.

**In your great goodness, Lord,  
you have promised forgiveness to sinners, \*  
that they may repent of their sin and be saved.**

And now, O Lord, I bend the knee of my heart, \*  
and make my appeal, sure of your gracious goodness.

**I have sinned, O Lord, I have sinned, \***  
**and I know my wickedness only too well.**

Therefore I make this prayer to you: \*  
Forgive me, Lord, forgive me.

**Do not let me perish in my sin, \***  
**nor condemn me to the depths of the earth.**

For you, O Lord, are the God of those who repent, \*  
and in me you will show forth your goodness.

**Unworthy as I am, you will save me,**  
**in accordance with your great mercy, \***  
**and I will praise you without ceasing all the days of my life.**

For all the powers of heaven sing your praises, \*  
and yours is the glory to ages of ages. Amen.

## Second Reading

A reading from...

*[After the reading is said]*

Hear what the Spirit is saying to the Churches :

**Thanks be to God.**

# Affirmation of Faith

Let us affirm our faith in the One, Holy and Undivided Trinity.

**We believe in God,  
the Father who always welcomes us  
with lavish grace  
and longs to be close to us  
as a hen gathers her brood under her wings.**

**We believe in God,  
the Son who was lifted up  
so that salvation and abundant life  
are available to the whole world.**

**We believe in God,  
the Holy Spirit who leads us into the wilderness  
where our sin is revealed  
and our call to true holiness is renewed.**

This is the faith of the Church.

**We believe in one God, Father, Son and Holy Spirit.**

**Amen.**

# The Prayers of the People

Have mercy on us, O God:

**In the abundance of your compassion blot out our offenses.**

Wash us thoroughly from our wickedness:

**and cleanse us from our sin.**

For we acknowledge our faults

**and our sin is ever before us.**

Cast us not away from your presence:

**and take not your holy spirit from us.**

Give to us again the joy of your salvation

**and sustain us with your gracious spirit.**

*Here, the people may add particular intercessions or thanksgivings.*

Lord have mercy: **Christ have mercy**

Most merciful God,

who by the death and resurrection

of your Son Jesus Christ

delivered and saved the world:

grant that by faith in him who suffered on the cross,

we may triumph in the power of his victory;

through Jesus Christ our Lord.

**Amen.**

# The Lord's Prayer

Lord Jesus, remember us in your Kingdom  
and teach us to pray:

**Our Father in heaven,**

**hallowed be your Name,**

**your kingdom come,**

**your will be done,**

**on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins**

**as we forgive those**

**who sin against us.**

**Save us from the time of trial,**

**and deliver us from evil.**

**For the kingdom, the power,**

**and the glory are yours,**

**now and for ever. Amen.**

## Collect of the Day

*[The Officiant prays the Collect of the Day]*

## Conclusion

May God our Redeemer show us compassion and love.

**May the life-giving cross**

**be the source of all our joy and peace.**

**Amen.**

Let us bless the Lord.

**Thanks be to God.**