

# Mystagogia Questions

## Week 4 (The Eucharistic Prayer)

1. How has our recent practice of 'Spiritual Communion' during the pandemic enriched, challenged, or detracted from your understanding of the Eucharistic?
2. Discuss this Statement in relation to the practice of sitting or kneeling during the Eucharistic Prayer: "Standing throughout The Great Thanksgiving is a return to the ancient Jewish-Christian posture for prayer. Maintaining the same posture throughout the Eucharistic Prayer witnesses to the unity of the prayer. Maintaining the same posture as the Presider emphasizes the role the assembly and the presider share as celebrants."
3. What could you do, before and/or during the service to be more engaged and present for the Eucharistic prayer?
4. How do you respond to this statement: "The *epiclesis* expresses the church's understanding that the Holy Spirit is the active force in the transformation of both the elements and the assembly. That the hand which threw the stars into space can change bread and wine into the body and blood of Christ is not so hard to believe, but that God can transform us willful humans through the Holy Spirit is rather challenging."